



UNITED CAP HEAD START ANNUAL REPORT

2018-2019

United Community Action Partnership (UCAP) Head Start provides a comprehensive approach to the school readiness and well-being of children and families. This two-generational approach focuses not only on the child but also the parents. Head Start partners with families to implement services that prepare children academically, physically, and socially to enter kindergarten.

Dr. Mary Lockhart Findling, UCAP Head Start Director

Head Start

The UCAP Head Start program has three federal grants. Grant 05CH8402 serves children and families prenatal to age 5 in Kandiyohi, McLeod, Meeker, and Renville Counties. Grant 05CH010360 serves children and families prenatal to 5 in Cottonwood, Jackson, Lincoln, Lyon, and Redwood Counties. Finally, United CAP Head Start was the recipient of an Early Head Start Expansion Grant, 05HP000173, which serves prenatal to age three in all 9 counties. The program also receives state funded Early Head Start, as well as additional supplemental funding through other sources.

During the 2018-2019 school year, 457 families received services through the Head Start program, 269 in Grant 05CH8402 and 188 in Grant 05CH010360.

Head Start provided services to 292 preschool aged children in grant 05CH802 and 201 children in grant 05CH010360, ages 3-5, in a classroom setting, for a total of 493. Head Start maintained an average monthly enrollment of 100%.

92.5% of children in Grant 05CH8402 and 90.5% in Grant 05CH010360 served were income or categorically eligible for Head Start

Of those children enrolled in Grant 05CH8402:

- 64% of children enrolled were under 100% of poverty.
- 6% of children enrolled were receiving public assistance, such as Minnesota Family Investment Program (MFIP) or Supplemental Security Income (SSI).
- 6% were either homeless or a foster child.
- 17% were between 100% and 130% of federal poverty line.

Of those children enrolled in Grant 05CH010360:

- 71% of children enrolled were under 100% of poverty.
- 5% of children enrolled were receiving public assistance, such as Minnesota Family Investment Program (MFIP) or Supplemental Security Income (SSI).
- 1% were either homeless or a foster child.
- 19% were between 100% and 130% of federal poverty line.

UCAP Head Start did not receive a federal monitoring visit in 2018-2019.

Health outcomes Grant 05CH8402:

- 95% of enrolled children received medical exams and were up-to-date on age appropriate preventive and primary health care.
- 95% of children at the end of the enrollment year were up-to-date on all immunizations appropriate for their age.
- 68% of children received a professional dental exam during the program year. Of those children who received a dental exam, 33% required treatment.
- 58% of children who needed dental treatment received it.

Health outcomes Grant 05CH010360:

- 86% of enrolled children received medical exams and were up-to-date on age appropriate preventive and primary health care.
- 96% of children at the end of the enrollment year were up-to-date on all immunizations appropriate for their age.
- 64% of children received a professional dental exam during the program year. Of those children who received a dental exam, 38% required treatment.
- 38% of children who needed dental treatment received it.

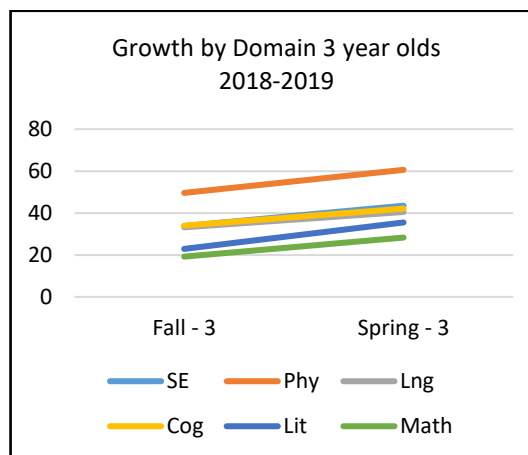
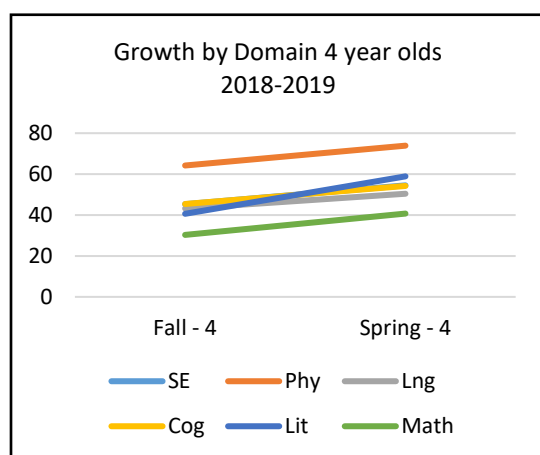
Head Start had 637 volunteers throughout the 2018 – 2019 school year. Of those volunteers, 480 (75%) were current or former Head Start parents.

Parents/Guardians Participated in:

- Policy Council and Parent Committees
- Board Meetings
- Local and Regional Parent Trainings
- Community and Family Events
- Father/Male Involvement Activities
- Classroom and at-home activities

School Readiness:

Head Start students made substantial gains across all learning domains during the 2018-2019 school year. School readiness goals were achieved by 69% of 4-year-olds and 77% of 3-year-olds. Goals in social-emotional development, physical development, language, and literacy were generally met. When families attended parent-teacher conferences, children were more likely to have met school readiness goals, especially in language and literacy goals. Additionally, children performed better when they received more than one-year of services and when families were more engaged in the program.



Early Head Start

United's Early Head Start is a state and federal funded program for low-income pregnant women and families with infants and toddlers ages prenatal – 3. The program promotes the relationship development between parent and child, understanding that parents are a child's first and most important teacher. The Early Head Start Expansion Grant 05CH000173 data are not reported in the information found in this section, as the grant was just beginning to get underway.

State and Federal Early Head Start provided services to 173 infants, toddlers, and/or pregnant women in a home-based or center setting. Early Head Start maintained an average monthly enrollment of 100%.

**92% of children served were income or categorically eligible for Federal Early Head Start.
Of those children who were enrolled:**

- 77% of children enrolled were under 100% of poverty.
- 10% of children enrolled were receiving public assistance, such as Minnesota Family Investment Program (MFIP) or Supplemental Security Income (SSI).
- 3% were either homeless or a foster child.
- 8% were between 100% and 130% of federal poverty line

Federal EHS Health outcomes:

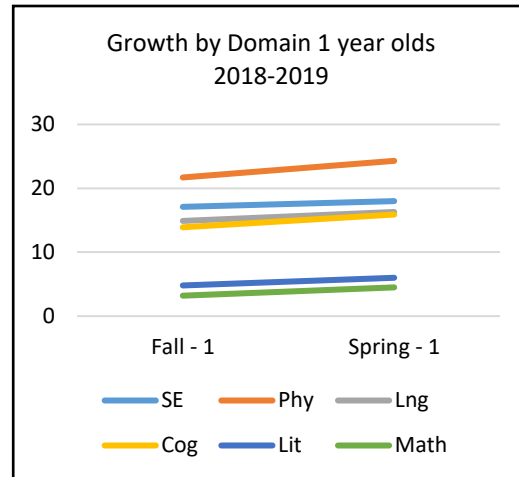
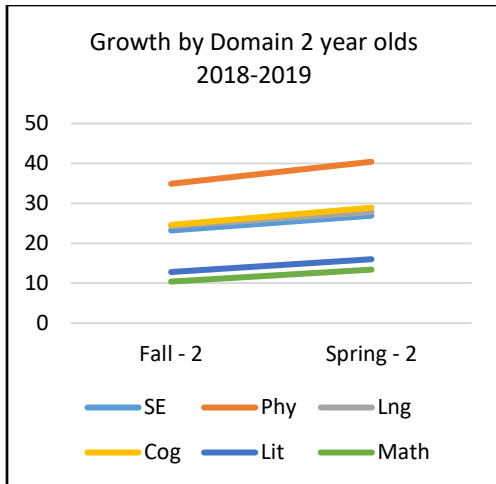
- 54% of enrolled children received medical exams and were up-to-date on age appropriate preventive and primary health care.
- 80% of children at the end of the enrollment year were up-to-date on all immunizations appropriate for their age.
- 75% of children had a dental home.

EHS Parents/Guardians Participated in:

Policy Council and Parent Committees
Board Meetings
Local and Regional Parent Trainings
Community and Family Events
Father/Male Involvement Activities
Socialization, classroom, and at-home activities

Child Outcomes:

Early Head Start infants and toddlers demonstrated gains across all areas of development. Two-year olds were on track in development to transition into Head Start or other preschool options. Gains were most significant in physical development and early literacy.



Head Start and Early Head Start Financial Information

Grant Awards/Funding:	
05CH8402/04	2,507,756
05CH10360/03	1,556,788
State Head Start/Early Head Start	836,878
State Pathway II Funds	382,500
CACFP (USDA)	183,284
Match (from non-cash sources)	839,874
Total	6,307,080

Head Start and Early Head Start Budgeted Expenditures 2018-2019

	Federal 05CH8402/04				Federal 05CH10360/03				State Early Head Start	
	Head Start		Early Head Start		Head Start		Early Head Start			
Categories:	Budget	Actual	Budget	Actual	Budget	Actual	Budget	Actual	Budget	Actual
Personnel	1,473,603	1,396,324	169,149	179,040	872,875	882,023	154,895	153,610	558,192	552,556
Fringe Benefits	265,523	279,954	26,267	39,807	167,020	192,465	32,652	40,539	110,015	120,841
Travel (Out of Area)	6,250	4,578	1,680	5,346	4,615	3,053	1,070	4,606	5,000	4,710
Equipment	57,000	65,469	54,000	53,594	-	-	-	-	-	-
Supplies	41,899	53,294	25,285	9,217	29,125	21,549	9,400	4,794	15,825	15,369
Contractual	92,554	102,695	14,576	9,738	60,247	59,439	10,212	6,973	15,000	27,937
Construction	-	-	-	-	-	-	-	-	-	-
Other	235,749	270,264	44,221	38,436	187,566	162,919	27,111	24,818	132,846	115,465
	2,172,578	2,172,578	335,178	335,178	1,321,448	1,321,448	235,340	235,340	836,878	836,878